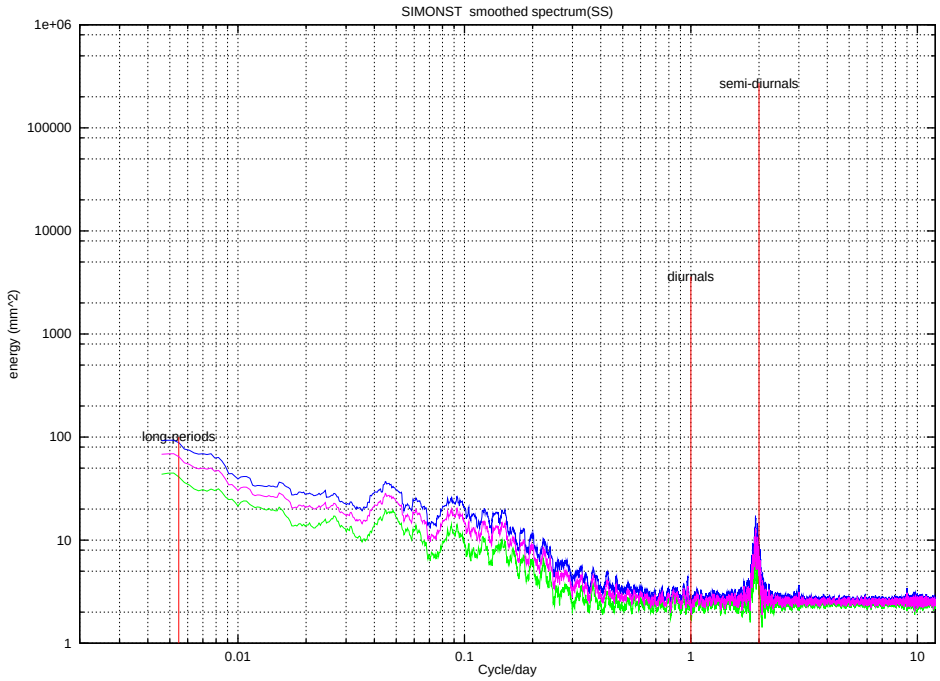
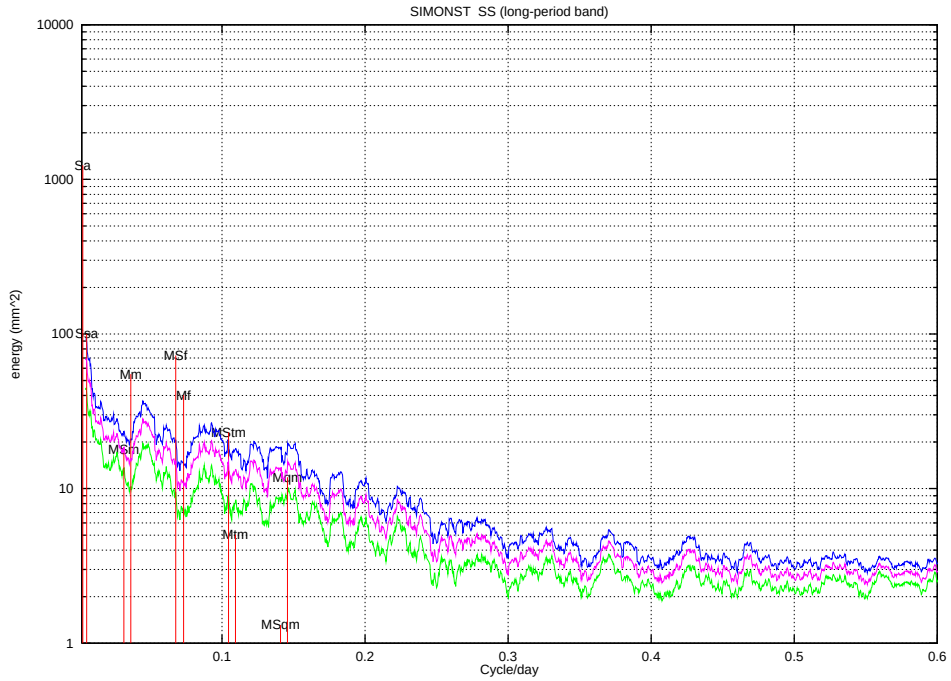
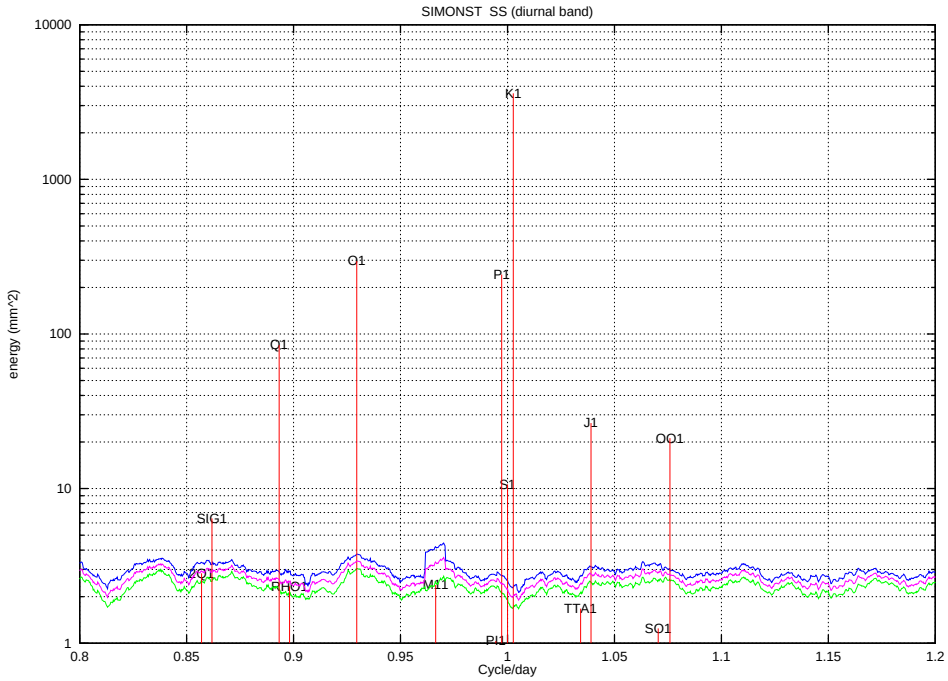
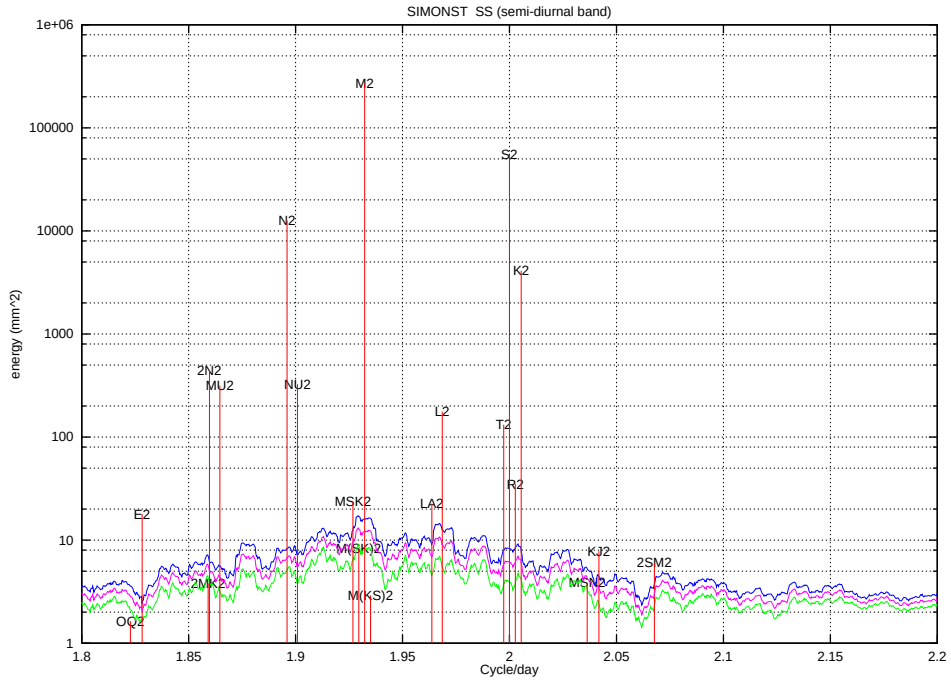

SIMONST smoothed spectrum(SS)
energy (mm^2)
Cycle/day
semi-diurnals
diurnals
long-periods


SIMONST SS (long-period band)
energy (mm^2)
Cycle/day
Sa
Ssa
MSf
Mm
Mf
MStm
MSm
Mqm
Mtm
MSqm


SIMONST SS (diurnal band)
energy (mm^2)
Cycle/day
K1
O1
P1
Q1
J1
OO1
S1
SIG1
ZO1
RHO1
M11
TTA1
SO1
PI1


SIMONST SS (semi-diurnal band)
energy (mm^2)
Cycle/day
M2
S2
N2
K2
2N2
MU2
NU2
L2
T2
R2
MSK2
LA2
E2
M(SK)2
KJ2
2SM2
2MK2
MSN2
M(KS)2
OO2