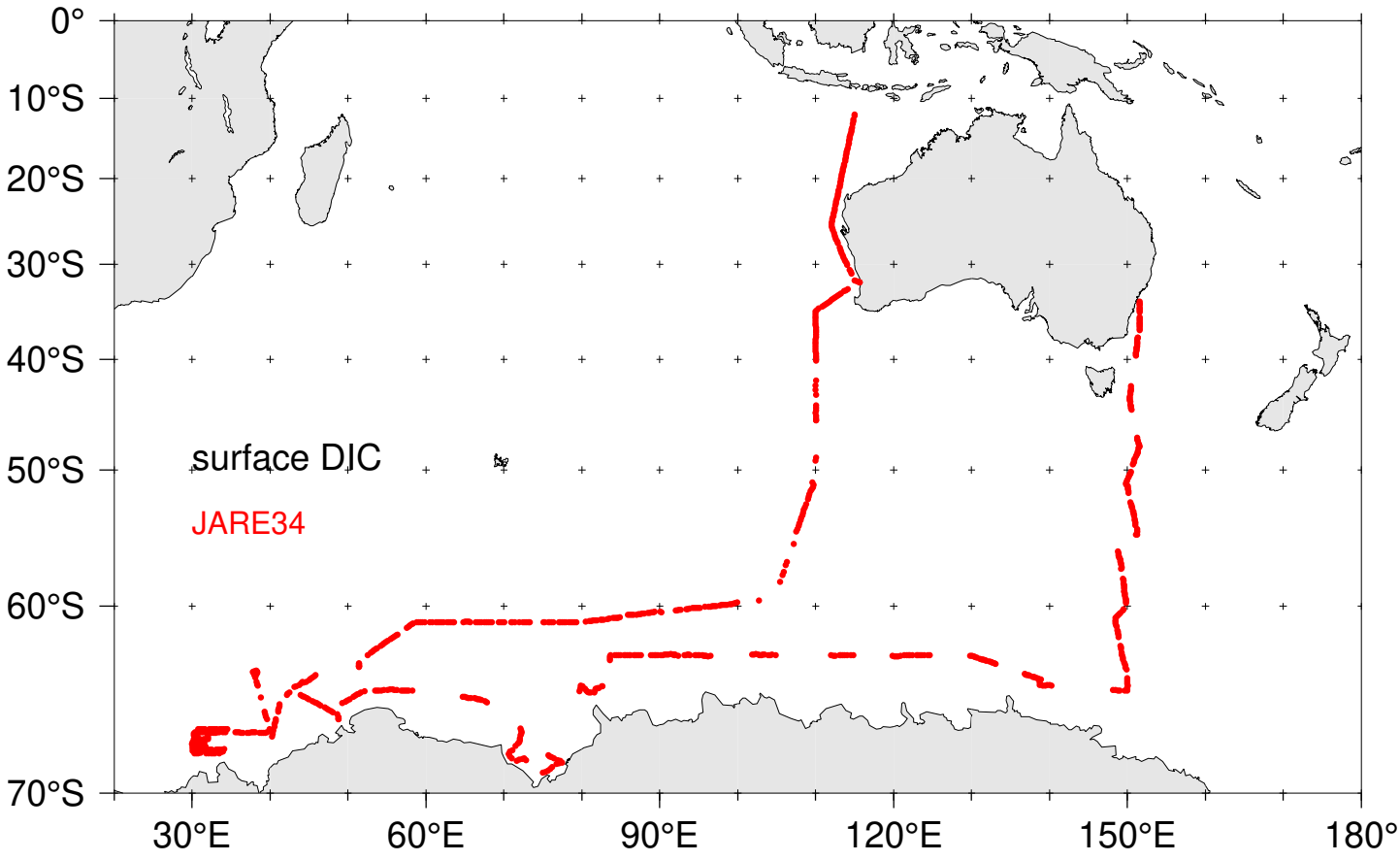IB Shirase I (JMSDF)